



## SESSION 5 - LIVING

### SERIES BIG IDEA

Jesus' life and teaching can help us simplify our lives and experience a clutter-free soul.

### MESSAGE BIG IDEA

We can be freed from living for lesser goals, lesser pursuits, lesser purposes by orienting everything in our lives around Jesus and his mission.

### SCRIPTURE: MATTHEW 4:18-22

### ICEBREAKER AND OPENING THOUGHTS

The icebreaker question will help you get the group talking and getting to know one another. The “would you rather” question is designed to get people thinking, so be flexible and have fun. The Wooden statement is designed to get people thinking about the impact of our choices, which will set up the Life Application section of the discussion.

### BIBLE DISCUSSION

Encourage the group to look closely at the passage and ask questions. Help the group think through how choosing to follow Jesus would have impacted the lives of these men concerning their job, family, and reputation. They also made a step into a new life that would have had a lot of uncertainty. How would the people in your group feel about that?

### LIFE APPLICATION

Help the group think about what it means to follow Jesus today, get them talking about Jesus' invitation to all of us. Be aware that some people in the group have already decided to follow Jesus, while there may be others who have never made that decision, or recently made a choice to follow Jesus. No matter where we are, we all can grow in the way we respond to Jesus, and we will continue to learn how to reorient our lives around him. Challenge the group to think of some ways they can further respond to the call of Jesus.

### CHALLENGE

For us to say, “Yes!” to Jesus isn't just a decision we make once in our lives. It's a decision we make every day. It's a daily decision to reorient everything in our lives around him. We learn to make little incremental choices to travel with him, to live with him at the center of our thoughts, to imitate him, and carry out his mission. This kind of living will help us eliminate distractions, define our priorities, and keeps us from filling our lives with lesser goals and purposes.