Breakout Session I

When Sparks Fly Theater
Developing a strategy that leads to mutual and effective conflict resolution and greater intimacy and security in your marriage. Also offered at Breakout Session II.
Scott Hendrickson, LCPC

Get Linkedin* Rm 201
Do you desire to be more deeply connected but planning more date nights and reading more books is not cutting it? Join us for a conversation about research, attachment and the secret to a lasting and significant connection.
Monica Kannenwischer MA, LMFT

Let's Get Physical Rm 214
Adapted from the Alpha Marriage Course, this Session is about the 6 qualities of great lovers. Leave encouraged with tips on how to continue the conversation at home. Also offered at Breakout Session II.
Emily Burt

Test Your Relationship* Rm 210
For married, engaged or pre-engaged couples who want to understand and improve their relationship. The Prepare/Enrich Relationship Assessment helps address each couple’s relationship stage, challenges, philosophical/spiritual orientation and personalities.
Jon Hughes

Empty Nest-Full Life Rm 212
Moving into the empty-nest season is often an awkward transition. This Breakout Session will offer a unique experience with an open forum to drive the subject matter and discussion. Also offered at Breakout Session II.
Greg Sink

The Story of Us* Rm 1 A&B
Does it feel like life is happening and you are just trying to get through each day? Do you fear that one day you may look at your life and ask, “How did we get here”? Let’s look at ways to be intentional about living the story you want your life to tell.
Kirsten Strand

What’s Your Personality Animal? Rm 211
We all have personality, some more than others. Take a quick quiz and learn what kind of animal you are. Guaranteed to be a fun time, you will understand your strengths and weaknesses and how this impacts your relationships.
Carlos and Tina Caceres

It’s Just a Phase - Don’t Miss It!* (Highly recommended) Rm 5
A phase isn’t something we should wish away or hurry through. Whether your child is a toddler, an elementary age kid, middle school or high school student, they’re in a phase - don’t miss what’s happening!
Jordan Biere

TOGETHER in the Trenches* Rm 7
This breakout will educate you for life in today’s culture and give tools for talking with your tween/teen kids about these tough topics: technology, bullying, alcohol/drugs, sexuality and suicide.
Annie Barsch, MA, LMFT

Juggling With One Hand Rm 9
Single parenting can feel like a circus. Be inspired to live with focus and courage with your head held high. Morna will share her personal highs and lows of single parenting.
Morna Gallagher

Building Resilient Kids in Today’s World* Rm 10
Key components of resilience will be shared, as well as specific actions parents can take and use regularly to build skills of resilience in their children as well as themselves.
360 Youth

Connect With the Heart Rm 11
When you connect with the heart of a child, everything is possible. Discover proven methods for building trust. Initially developed for adoptive parents, these principals are for biological, Safe Family host and caregivers. Also offered at Breakout Session II.
Elise Case

Boundaries With Teens Rm 6
To help teenagers grow into healthy adults, boundaries are needed to help your teen learn how to take responsibility for their behavior. Dave and Sue are passionate about coaching other parents through these tricky and yet amazing times! Also offered at Breakout Session III.
Dave and Sue Ferguson

Mor(al) Fiber? Rm 2 A&B
Are your kids driving you crazy? Discipline, consequences and accountability are powerful values parents must teach their kids if they want to help them develop with integrity and strength. Discuss ways to discipline your kids that will speak to their hearts and develop their moral fiber...and maybe stop driving you crazy, sometimes! Also offered at Breakout Session II.
Marty and Kathy Ives

*Offered at all Breakout Sessions
When Sparks Fly Theater
Developing a strategy that leads to mutual and effective conflict resolution and greater intimacy and security in your marriage.
Scott Hendrickson, LCPC

Get Linkedin* Rm 201
Do you desire to be more deeply connected but planning more date nights and reading more books is not cutting it? Join us for a conversation about research, attachment and the secret to a lasting and significant connection.
Monica Kannenwischer MA, LMFT

Let’s Get Physical Rm 214
Adapted from the Alpha Marriage Course, this Session is about the 6 qualities of great lovers. Leave encouraged with tips on how to continue the conversation at home.
Emily Burt

Test Your Relationship* Rm 210
For married, engaged or pre-engaged couples who want to understand and improve their relationship. The Prepare/Enrich Relationship Assessment helps address each couple’s relationship stage, challenges, philosophical/spiritual orientation and personalities.
Jon Hughes

Empty Nest-Full Life Rm 212
Moving into the empty nest season is often an awkward transition. This Breakout Session will offer a unique experience with an open forum to drive the subject matter and discussion.
Greg Sink

The Story of Us* Rm 1 A&B
Does it feel like life is happening and you are just trying to get through each day? Do you fear that one day you may look at your life and ask, “How did we get here”? Let’s look at ways to be intentional about living the story you want your life to tell.
Kirsten Strand

Money, Spending and Debt, Oh My! Rm 211
Finances can be frightening no matter where you are. Whether you are secure or stressed, discover how you can take baby steps toward financial peace with courage.
Carlos and Tina Caceres

Do You Speak Amor? Rm 8
Did you know you speak a love language? Learn what your language is and how it can transform your relationships. Adapted from Gary Chapman’s book The 5 Love Languages. Also offered at Breakout Session III.
Tonia Koss

It’s Just a Phase - Don’t Miss It!* (Highly recommended) Rm 5
A phase isn’t something we should wish away or hurry through. Whether your child is a toddler, an elementary age kid, middle school or high school student, they’re in a phase – don’t miss what’s happening!
Jordan Biere

A Special Community Rm 9
Being a parent of a child or adult with special needs is a gift that at many time feels overwhelming. This Breakout Session will offer a community of support and relationships focused on hope and strength.
Carie Johnstone, LCSW

TOGETHER in the Trenches* Rm 7
This breakout will educate you for life in today’s culture and give tools for talking with your tween/teen kids about these tough topics: technology, bullying, alcohol/drugs, sexuality and suicide.
Annie Barsch, MA, LMFT

Building Resilient Kids in Today’s World* Rm 10
Key components of resilience will be shared, as well as specific actions parents can take and use regularly to build skills of resilience in their children as well as themselves.
360 Youth

Connect With the Heart Rm 11
When you connect with the heart of a child, everything is possible. Discover proven methods for building trust. Initially developed for adoptive parents, these principals are for biological, Safe Family host and caregivers.
Elise Case, Safe Families Coach

Creating a Close-Knit Family That Lasts Rm 6
Family relationships can be fun and rewarding today and for a lifetime, but it takes intentional investment! Discover ways to invest in the relationships that matter most and reap the benefits for years to come!
Dave and Sue Ferguson

Mor(al) Fiber? Rm 2 A&B
Are your kids driving you crazy? Discipline, consequences and accountability are powerful values parents must teach their kids if they want to help them develop with integrity and strength. Discuss ways to discipline your kids that will speak to their hearts and develop their moral fiber...and maybe stop driving you crazy, sometimes!
Marty and Kathy Ives

*Offered at all Breakout Sessions
Do You Speak Amor? Rm 8
Did you know you speak a love language? Learn what your language is and how it can transform your relationships. Adapted from Gary Chapman’s book *The 5 Love Languages*.  
Tonia Koss

It’s Just a Phase - Don’t Miss It! (Highly recommended) Rm 5
A phase isn’t something we should wish away or hurry through. Whether your child is a toddler, an elementary age kid, middle school or high school student, they’re in a phase – don’t miss what’s happening!  
Jordan Biere

TOGETHER in the Trenches Rm 7
This breakout will educate you for life in today’s culture and give tools for talking with your tween/teen kids about these tough topics: technology, bullying, alcohol/drugs, sexuality and suicide.  
Annie Barsch, MA, LMFT

Building Resilient Kids in Today’s World Rm 10
Key components of resilience will be shared, as well as specific actions parents can take and use regularly to build skills of resilience in their children as well as themselves.  
360 Youth

Faith and the Modern Family Rm 2 A&B
How do you develop your child’s faith in the ever-changing moral landscape of today’s world? From birth to adult discuss practical ways to teach and pass on to your children the legacy that Jesus has given to us as Christ followers.  
Jim Melton

TOGETHER in the Trenches Rm 7
This breakout will educate you for life in today’s culture and give tools for talking with your tween/teen kids about these tough topics: technology, bullying, alcohol/drugs, sexuality and suicide.  
Annie Barsch, MA, LMFT

Faith and the Modern Family Rm 2 A&B
How do you develop your child’s faith in the ever-changing moral landscape of today’s world? From birth to adult discuss practical ways to teach and pass on to your children the legacy that Jesus has given to us as Christ followers.  
Jim Melton

TOGETHER in the Trenches Rm 7
This breakout will educate you for life in today’s culture and give tools for talking with your tween/teen kids about these tough topics: technology, bullying, alcohol/drugs, sexuality and suicide.  
Annie Barsch, MA, LMFT