



MOVING MOUNTAINS

SESSION 2 - HEARING FROM GOD

ICEBREAKER AND OPENING THOUGHT

These get the group thinking about the topic. Keep the first question light-hearted. You could Google misheard lyrics ahead of time and share a couple to get the conversation going.

BIBLE DISCUSSION

Read the passage and encourage the group to notice Samuel's changing posture towards God. This passage is a great one for the spiritual practice of placing yourself in the context of the story. Get the group thinking about their similar experiences.

LIFE APPLICATION

Use this material so the group can do some self-evaluation and review how they've grown in the past how they might take next steps during this series.

WAYS WE HEAR FROM GOD

New Thoughts

These are thoughts interjected into our heads we know did not come from us. Maybe you're in an argument with your spouse or close friend that keeps growing. You feel like you're about to "win," but instead of saying what you originally intended, God interjects a thought and prompts you to say something that'll bring peace to the situation.

Prompts to Act

Sometimes you feel nudged to do something you otherwise wouldn't think to do like: starting a spiritual conversation with a stranger, paying the tab for the car behind you in the drive-thru, or reaching out to an old friend you haven't talked to in years. God can and does prompt us to act in ways that bring his love and healing to the world around us.

Unprompted Confirmations

God confirms what you think he's been telling you to do like change jobs or move or serve in a ministry. God uses other people who say or do something to confirm what you thought he was telling you to do – even when you didn't say anything to any of those people about what you were thinking.

STAGES OF GROWTH IN CONTEMPLATIVE TRADITION

Talking at God:

Parroting what others have taught us to say.

Talking to God

Becoming more comfortable using our own words to speak to God rather than the ready-made prayers we received in our childhood.

Listening to God

This is when we begin a two-way relationship with God and learn to listen in silence to God.

Being with God

Finally, we learn to simply enjoy being in the presence of God, which is more important to us than any particular activity we might do with or for God.