



BUMPER STICKER THEOLOGY

SESSION 1 - GOD WON'T GIVE YOU MORE THAN YOU CAN HANDLE

SERIES BIG IDEA

This series takes a look at some familiar Christian axioms as we ask the question, "Is it Biblically sound or just sound Biblical?"

MESSAGE BIG IDEA

God will help you handle all you've been given.

SCRIPTURE

1 Cor 10:13; Psalm 46:1-3; John 16:33; 1 Peter 5:7

DISCUSSION

When discussing 1 Corinthians 10:13 it can be helpful to understand the context. In this case, the context is that Paul is writing to new Christ-followers, many of whom had been pagans living in the city of Corinth. And Corinth was a city filled with pagan temples where idol worship and temple prostitution were regular practices. And back in that day, the phrase "to live like a Corinthian," was quite prevalent and synonymous with drunkenness and sexual license.

So Paul's encouraging these new Christ-followers to not only not go back to their old ways – the ways of drunkenness and prostitution, he's also saying that because those old ways are still going to be all around them, God will be with them, and God will be faithful to limit the temptation of those old ways, even to the point of providing a way out.

So this statement that Paul makes is NOT about God NOT giving you more than you can handle; it's about God helping you when you're facing the temptation to sin.

APPLICATION

We will face times in our lives where we will face more than we can handle, and that's when we need to learn to depend on God and his people. Use these questions to get the group talking about how they can help one another carry their burdens. If there isn't a burden anyone in the group is carrying, consider reaching outside of the group to help someone who may be dealing with more than they can handle at the moment. That would be a great opportunity to B.L.E.S.S. someone. (B - Begin with Prayer, L - Listen, E - Eat, S - Serve, S - Tell your story)

CHALLENGE

Read 1 Peter 5:7 as a group and discuss how you can help one another this week to cast your anxiety upon Jesus. Close the group in prayer.