



R E C A L I B R A T E

SESSION 1 - RECALIBRATE

SERIES BIG IDEA

Worship recalibrates our hearts to God.

MESSAGE BIG IDEA

Through worship, we recalibrate our hearts to God and the life he wants for us.

SCRIPTURE

John 4:10-26 and Romans 12:1-2

ICEBREAKER AND OPENING THOUGHT

Take this time to ease your group into talking, both by sharing something about their lives, but also by introducing the big idea via the opening thought. These are just suggestions though, so use your own best instincts about how to best do this in your groups.

BIBLE DISCUSSION

Often when we read long passages like this conversation between Jesus and the woman, we can easily come with our own pre-conceived concepts of the topic. And while Jesus is affirming her personhood and identity, he's also having a conversation about what it means to worship.

LIFE APPLICATION

These questions are designed to bring everything back down into the practical realm of life. The Brother Lawrence quote is designed to draw out that worship is an inner attitude, rather than an exterior action. Let your group talk about how a small shift could reap huge benefits.

The questions around drift could bring up painful topics for some people. Make sure you give space for some to talk but others to stay silent. Encourage everyone as you can without pressure, it might be good to go first with something vulnerable.

CHALLENGE

Spend time in prayer, asking God to help you see the ways you are drifting. Then commit to recalibrating your life to God's ways and priorities, not our own. Find three ways to worship this week outside of a Sunday worship experience.