

HUMILITY

WEEK 1

K-1st



PUTTING OTHERS FIRST BY GIVING UP WHAT DO YOU THINK YOU DESERVE

BOTTOM LINE: Put others first.

Read Ephesians 4:2

DAY 1

You Go First

Practice putting others first this week by letting people go before you. Think of some of the times at school or at home that you can practice putting someone else first. It could be letting your friend go before you in the lunch line or letting your sibling choose the cookie first. Whatever it is, take a step back and let someone go first.

Ask God to help you put others first this week.

DAY 2

First Place

Grab some paper and some decorating supplies.

Today, you are going to create a first-place award for someone in your home. Think of someone in your home that always puts your needs first, maybe it's mom or dad. Draw them an amazing certificate that shows them how thankful you are that they put you first. Draw a picture of a time they helped you out! Somewhere on the drawing write **The Putting Others First Award**. When finished give your award to the winner. Thank them for all they do for you.

Thank God that He gave you people that put you first.

DAY 3

Putting People First Prayer

When praying, it is nice to pray for everyone else first and yourself last. Think of two people you can pray for today. Say a prayer for them and add yourself to the prayer at the end. Pray something like this:

"Dear God, Thank You so much for (people's names). (Pray something special about each person.) And God, I pray for myself that I can learn to put others first. I love You, God, amen"

Look for ways that you can put others first.

DAY 4

Act It Out

Read this week's Bible verse below and use the actions to help you remember!

Ephesians 4:2 (NIRV)

Don't be proud at all.

(Shake your head back and forth.)

Be completely gentle.

(Hug yourself.)

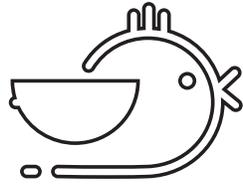
Be patient.

(Tap your wrist like you are wearing a watch.)

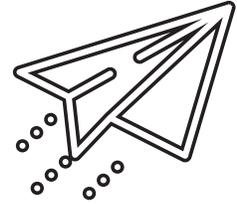
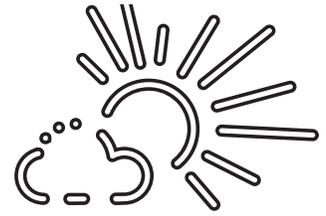
Put up with one another in love.

(Sign "I Love You" by holding up right-hand stick out the thumb, pointer, and pinky fingers while leaving middle and ring finger touching the palm.)

Know that treating others gently, with patience and love, are great examples of putting others first.

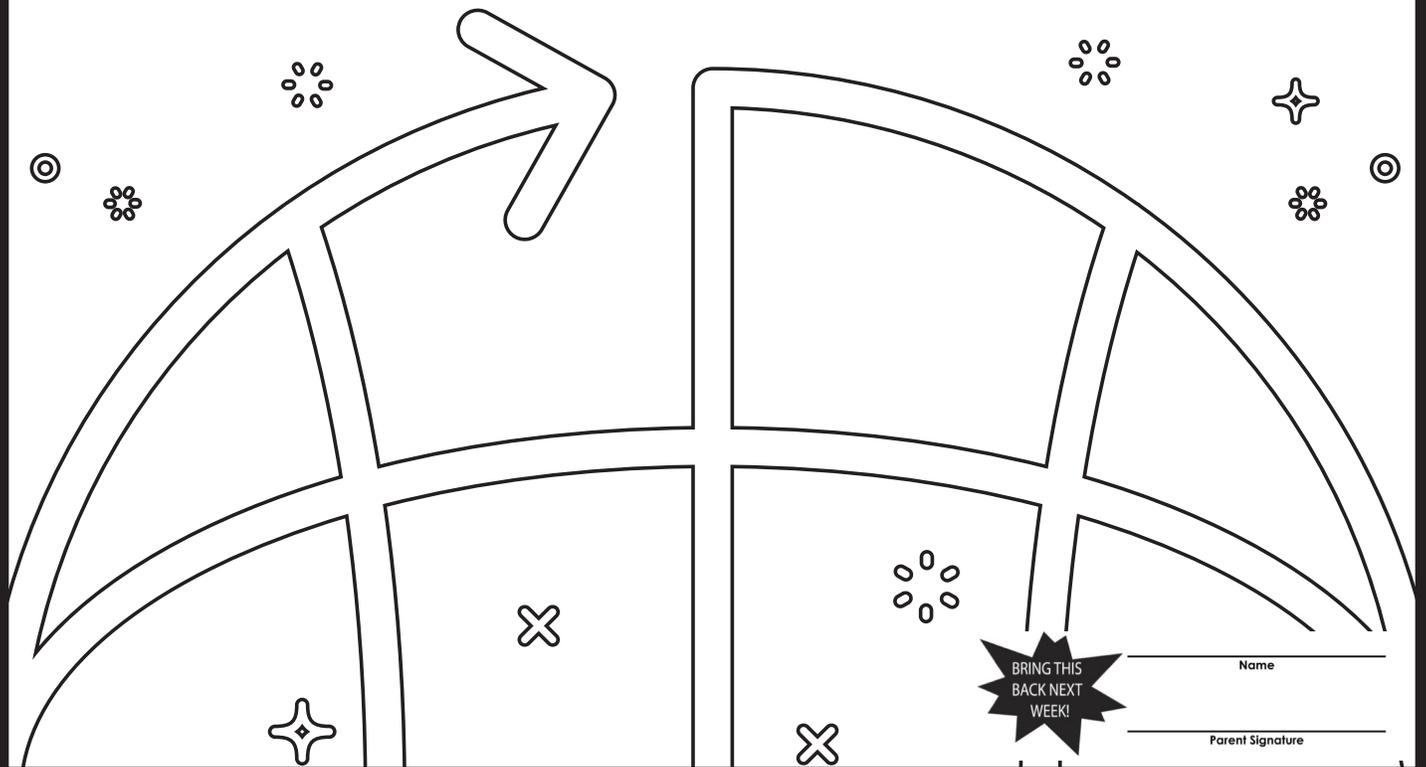


PUT



OTHERS

FIRST.



BRING THIS
BACK NEXT
WEEK!

Name

Parent Signature

HUMILITY

PUTTING OTHERS FIRST BY GIVING UP WHAT DO YOU THINK YOU DESERVE

WEEK 2
K-1st



BOTTOM LINE: Jesus put us first.

Read | John 3:16

DAY 1

Do Anything

Jesus did everything He could to show us how much He loved us.

Go find someone in your house and tell them you want to help them out. Ask them what their least favorite chore is and do it. No matter what it is. Show them how much you care by putting them first.

***ADULTS:** It would be a great idea to check in and see what your child will be doing is age-appropriate and safe!

Look for ways to help others around you by helping do anything.

DAY 2

Talk About Jesus

With an adult, sit down and think about someone you can talk to about Jesus. If you don't know Jesus like that yet, talk to your parents about Him or a Small Group Leader at church!

***ADULTS:** Talking about what Jesus did is a big thing to understand—especially for kids. Talking with your child about what you know about Jesus can help clarify what they learned this past week at church. If you need help navigating these questions about what they learned reach out to your child's Small Group Leader for help!

Thank God that He sent Jesus to die for our sins and rise again so that we can tell others about Him!

DAY 3

What Love Is

With the help of an adult, look up this week's Bible verse: **1 John 3:16**. Read the verse together out loud.

Grab some paper and draw a picture of a way that you can show someone around you that you love them. Maybe it's by helping to clean up toys or letting someone go down the slide before you at recess. **BONUS:** Actually do whatever you drew this week!

Ask Jesus to show you ways that you can show others you love them.

DAY 4

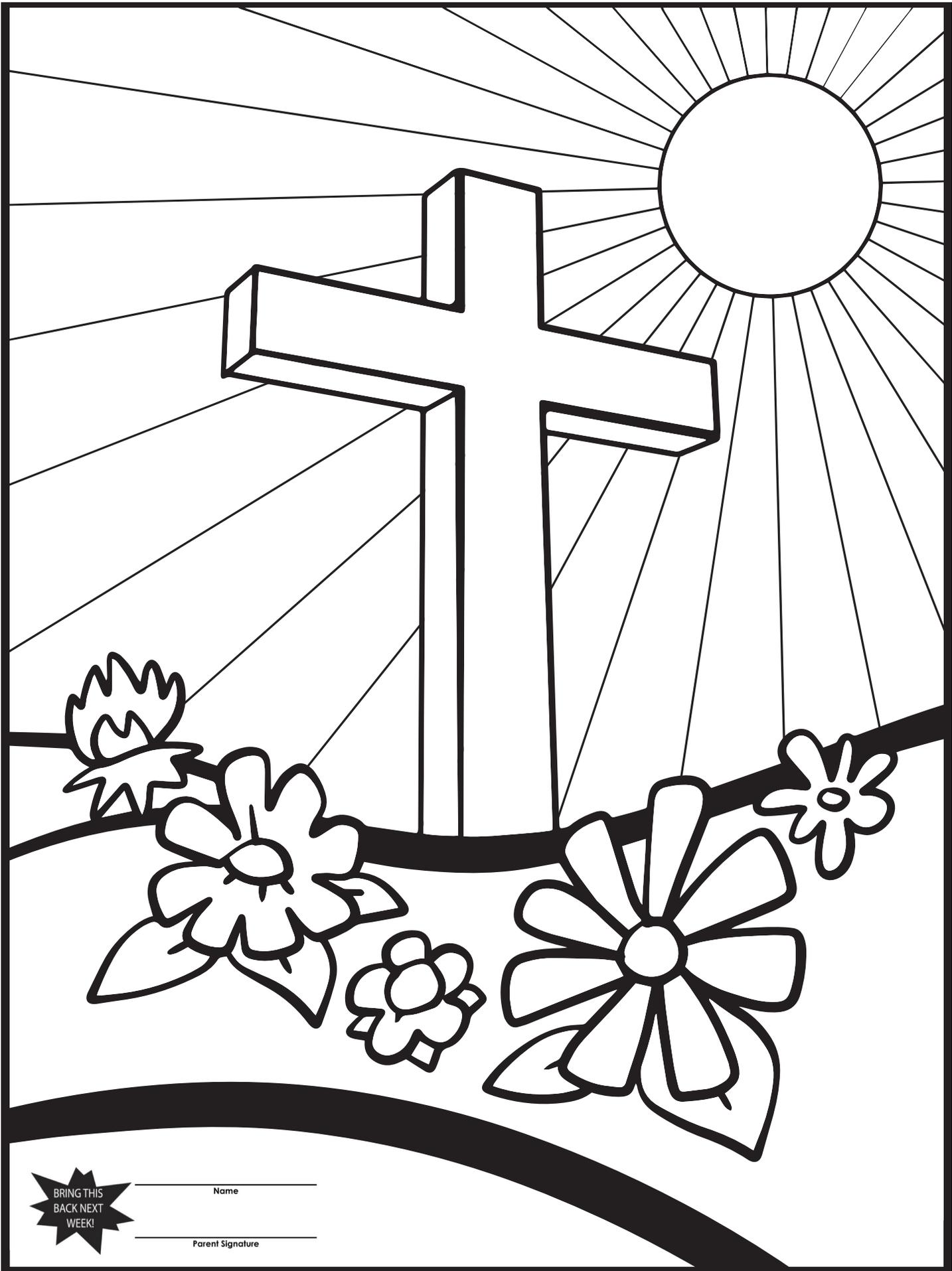
Jesus Put Us First

Jesus put us first by dying on the cross to forgive all of our sins so we can live in heaven with Him one day.

Use this prayer below or your own to say thank you.

"Dear Jesus, Thank You for dying to forgive me for my sins. Help me to understand what this means for me. Thank you for showing me what it looks like to put others first. I pray that you will help me every day to put others first. I love You, God, amen."

Know that Jesus loved us so much He did anything He could to show us!



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PUTTING OTHERS FIRST BY GIVING UP WHAT DO YOU THINK YOU DESERVE

WEEK 3



K-1st

BOTTOM LINE: Put others first because Jesus put you first.

Read Philippians 2:3

DAY 1

The Last Player

Ask your family members if they would like to play a game with you and allow them to pick the game. This can be a game that you already have in your house. After they have decided on the game, allow everyone to take their turn first which puts you last. Allowing everyone to go first shows them that you care more about them than you do being first.

Look for ways that you can always put others first.

DAY 2

Value Menu

Grab some paper and something to write with.

Think of a few things that you can do for people in your house to show them that you value them. Below are some ideas of things you can do. Choose two or three ideas below and copy them onto a paper. Go to someone in your house, show them the "menu," and ask them to pick something that they would like you to do for them and do it!

Pick 2-3

1. Collect the garbage.
2. Play a game of their choice.
3. Pick up toys.
4. Clean up after dinner.

Know that putting other's needs above yours shows you value them.

DAY 3

Order the Verse

Grab some paper, scissors, and something to write with. Cut five strips of paper. Write one sentence of the verse and the reference on each paper. When finished writing, mix up the order of the verse and then put it back into order to practice.

Ask God to help you value others.

DAY 4

Jesus' Example

Thank God for sending Jesus to teach us how to put others first. Pray something like this:

"Dear God, Thank You for sending Your Son, Jesus, to earth to be an example of how we should put others first. I pray that I can always try to put others first. Even when it's really hard. I love You, amen."

Thank God to sending Jesus to set an example for us.



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PUTTING OTHERS FIRST BY GIVING UP WHAT DO YOU THINK YOU DESERVE

WEEK 4



K-1st

BOTTOM LINE: There's always more to discover about God's plan.

Read Jeremiah 29:11

DAY 1

Surprise!

Let's review the Bible story from this weekend. With an adult, go online and search: **Luke 24:13-35**. Take a few minutes and re-listen to the story of when Jesus surprised everyone after He came back to life after being dead for three days.

Thank God for ways that He surprises us.

DAY 2

More to Discover

Grab a friend and have them make a discovery. Find an object in your house, it could be a toy or something random. Tell your friend to close their eyes and then you go and hide the object. Once you have hidden the object, have your friend open their eyes. Play Hot or Cold to help them discover the hidden object. If they are far from the object say, "cold," as they get closer say, "getting warmer," when they are super close to the object say, "hot!" Once they have discovered the object you can switch and play again!

Look for some ways to discover what Jesus can do for you.

DAY 3

What's the Plan, Man?

Only God knows the plan for our life and thankfully He is a person we can trust with our future. Take some time to ask God to help you with the plan. Pray something like this

"Dear God, I know that You already have a plan for my life. Please help me to look and talk to You whenever I don't know what to do. Thank You for always being there for me. Amen."

Know that God already has a plan for your life, you just have to let Him show you.

DAY 4

The Plan

With an adult, look up this week's verse: **Jeremiah 29:11**. Read through the verse together out loud. Talk about what you want to be when you grow up or something you want to do right now. How can you ask God to help you with your plan?

Ask God to help show you what your plan should be.



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