All Things Are Possible

What is something new you have tried but then in the middle of trying it, you stopped? Like a new sport, learning to read, building a LEGO® set. Learning new things is hard and sometimes when it gets hard, we feel like giving up. This month we are going to talk about what it looks like to keep going even when it seems impossible. Have an adult help you find Matthew 19:26 in the Bible. Write the verse down somewhere that you can see it. What a cool reminder that things might be impossible to us, but with God all things are possible.

Know that we can keep going because with God all things are possible.

Yes You Can!

Do you remember the first time you tried to ride a bike? It seemed so hard right? Maybe even impossible! And now, I bet you can ride your bike without even thinking about it! In fact, you could probably make a whole list of things that you used to think were impossible. Grab a piece of paper and some crayons. Make a list of all the things you can think of that you used to not be able to do but now, you have can do it!

Look for more things to add to your list this week and let it remind you to keep going even when it seems impossible.

Let’s Do This

Ask an adult to help you make a paper chain. Grab a piece of blank paper, scissors, tape, and some crayons. First, cut out 10 strips of paper. On each strip of paper, write something that you would like to learn to do. After you have written on each strip, connect them by making a circle and connecting them to each other, creating a paper chain. Hang this paper chain somewhere in your room and each time you learn to do one of these things, remove it from your paper chain. Sometimes it’s really hard to keep going especially when you are learning something new. But our heavenly Father is here to help us. He cares about what we care about and He wants to help us with every link on our paper chain!

Ask God to help you with the things that are important to you.

Do What?

Ask an adult to help you look up this week’s Bible story in Matthew 28:16-20. What do you think the disciples were thinking when Jesus asked them to tell the whole world about Him? That seems like an impossible thing to do right? There are going to be things in our life that seem impossible too but we can keep going knowing that God will help us face the situation with determination! Pray this prayer below.

Dear God,
Thank You that I can count on You to help me when I face tough things. Remind me in those tough times that You are there to help me. I love you.
Amen.
Finish the Race!

Have you ever been in a race? Talk about things that you think you would need to keep going and not quit your race. Cold water to drink, your friends or family to cheer you on, a wet towel to keep you cool are good examples. Guess what? God also gives us what we need to finish anything we start and He doesn’t expect us to do it on our own. We can rely on God to give us the strength we need to keep going, even when it’s hard! Close your eyes and think of something that you want to ask for God’s help with. Pray something like this:

Dear God,
Thank You that You are there to cheer me on and to be my helper when I need it!
Right now, I want to ask for Your help with __________. Please help me to finish well and to not give up because You have given me what I need! I love you!
Amen.

We Have What We Need

Ask an adult to help you look up our Bible story from this week in Acts 2:1-47. Read through the story together and talk through the following questions together:

* What did Jesus ask the disciples to do?
* How was He going to help them do this?

With an adult, turn off all the lights in your house and find a penny, a piece of string, your favorite stuffed animal, and a matching pair of socks. That sounds impossible right? Well, if you grabbed a flashlight then you could do it. That’s like what Jesus did for His disciples. He gave them a flashlight, the Holy Spirit, to help them!

Know that God will give you whatever you need to do what He asks you to do!

You Are Strong!

Ask your sibling or a friend to do an experiment with you. You are going to try to do as many push-ups as you can in complete silence. (Be sure to count them). Take a break and then do them again BUT have your sibling or friend cheer you on with every push-up. How did you do? You probably did more push-ups with someone cheering you on. Guess what? That’s just what God does for us. He is for us; He encourages us and gives us what we need every step of the way. So be strong! You have the Creator of the universe cheering you on!

Remember that you can be strong because God is cheering you on!

He Is Strong!

Ask an adult to help you look up 2 Corinthians 12:9. What an amazing verse for us to remember! How cool that the God of the universe tells us that all we need is His grace and that He is strongest when we are at our weakest. Ask an adult to help you write the verse with washable marker on a bathroom mirror where you can read it every day! The next time that you are feeling like you can’t do something or that you don’t have what it takes, I want you to read this verse out loud.

Thank God that He is all that you need.
BOTTOM LINE: Keep going even when it gets tough. Read Galatians 6:9

Be Tough When It Gets Tough

Below is a list of some challenges and your goal is to try and hold each one for 30-seconds each. Ask an adult to time you if they can. Ready, set, go!

- Stand on one foot
- Stand on one foot WITH your arms crossed
- Touch your toes
- No blinking
- Attempt to touch your nose with your tongue
- Spin around
- Stand like a statue
- Close your eyes

Great determination! How can we really find the determination to “stick with it” in real life challenges? That’s right, we go to God. We take the things that feel hard and He will give us what we need to stick with it!

Ask God to help you keep going even when it gets tough!

Don’t Give Up

Ask an adult to help you look up this month’s memory verse in Galatians 6:9. In your own words, tell someone what you think this verse means. Now, see if you can use some determination and find all of the words from this month’s memory verse on the back of this page.

Remember that God does not want us to give up!

I Can’t Do It

Has your mom or dad ever asked you to do something and your first response was, “I can’t do it!” What are some of those things that are really hard for you? Maybe it’s helping your mom with some big chores like emptying the dishwasher or learning something new like tying your shoes. Whatever it is that we think we can’t do, we can! God wants us to keep going, no matter what it is. Grab a piece of paper and some crayons and rainbow write KEEP GOING until you fill the entire page! It’s going to take some determination, but you can do it!

Look for ways to keep going this week instead of giving up!

Just Keep Going

In the Bible story this week, Peter and John were taken to jail for sharing the message of Jesus and they faced some really tough people. It would have been super easy for them to walk away and decide that it was just too hard to do what God had asked them to do. But they decided it was worth it and showed great determination and continued to share Jesus with others. Pray and ask God to give you courage to show this kind of determination.

Dear God,
Thank You that You give me everything I need to do what You ask me to do. Give me courage to keep going even when things get tough. Help me finish what I start because I know I have You on my side!
Amen.
“Let us not become tired of doing good. At the right time we will gather a crop if we don’t give up.” Galatians 6:9, NIV

What You Do: Find all the words to the verse in the word search. Cross out each word as you find it.

LET  US  NOT
BECOME  TIRED  OF
DOING  GOOD  AT
THE  RIGHT  TIME
WE  WILL  GATHER
CROP  IF  DONT
GIVE  UP

BINGO NEXT WEEK

Name ____________________________
Parent Signature __________________
I’m Scared!
Grab a blank sheet of paper and a pencil. Draw a picture of something that you are afraid of. Did you know that every person in the world is afraid of something! It’s true! Determination is also about never giving up even when it gets scary. Ball up that piece of paper and show it who the boss is by throwing it away like a basketball! If you think of something else this week that you are scared of do it again! Ball it up and throw it away!

Know that God is with you so you don’t have to be afraid!

God Is Our Helper
Ask an adult to help you turn to Isaiah 41:10 in a Bible. Ask your parent about any big words you don’t understand. This verse can give comfort because God is telling you that He is always with you. Now take a minute to learn these hand motions to help you memorize this verse.

Do not be afraid – Wave your index finger back and forth
I am with you. - Point up to God and then to a friend or your parents.

Do not be terrified. - wave index finger back and forth and cross your arms as if you are upset
I am your God. - Point up to God and then lay your hand on your heart

I will make you strong - Do a strong pose as if you are showing off your muscles
and help you. - Act like you are helping the person next to you get up

I will hold you safe in my hands. – Cup your hands in front of you like your holding a small object
I always do what is right. – Point to your eye, wave your hands in front of you and then give a thumbs up

Isaiah 41:10, NIrV

Pillow Talk
Grab a flashlight and go hide under the covers for just a minute so you can talk to God. Close your eyes and think of a time when you felt afraid. Do you know that even when you are afraid, we can go to God and He will help you to keep going? He’s ALWAYS there. Close your eyes and pray.

Dear God,
Thank You that I don’t have to be afraid. Thank You that you are ALWAYS with me. I don’t have to worry because You are right there beside me. God, when I feel scared, remind me that You will help me keep going because YOU know the end of the story.
I love you. Amen.

My Rock
Ask an adult to go outside with you and see if you can find a small rock. Paint the rock and write on it, “God is my rock.” Keep this rock in your pocket and the next time you are scared, hold it and remember that God is our rock so we don’t have to be afraid!

Thanks Jesus that you don’t have to be scared because He is on your side!
Keep going because God knows the end of the story.
**Keep Going**

Have you ever heard of a guy named Abraham Lincoln? If you haven’t yet, you will soon! He was the 16th President of the United States. But you know what? Becoming President didn’t come easy. He failed a lot before he was finally successful and became our President. Ask an adult to help you read about all the failures that eventually led to Abraham Lincoln becoming an amazing President. Do you think he questioned whether he was doing the right thing? Of course, he did and all those failures along the way prepared him to be the President that he was. It’s the same for all of us. The hard stuff that we might have questions about now, help us to become who God wants us to be.

Remember that when we have questions, God has a plan!

**Pop That Question**

Ask an adult to help you look up our Bible story this week in Acts 8:26-40. How cool is it that God used Philip to answer questions that the man had about faith? God puts people in our lives to help answer the questions that we have, too. Grab some latex balloons, small pieces of paper, and a pencil. On each piece of paper, write a question that you have, stick it inside a balloon and blow it up. Place the balloons around your room and each day, pop one and find someone to ask one of your questions! After you make your balloons, take some time to pray this prayer.

**Dear God,**

I am so grateful that You put people in my life that I can ask questions. Give me the courage to ask people the questions I have. I love you.

**Amen.**

**God Knows**

Ask an adult to help you look up this week’s verse in Jeremiah 29:11. As you read it, see if you can fill in blanks below.

I know the ______ I have for ___. I want you to ___success. I do not ___ to ___ you. I will give you ___ for ___ to come.

Jeremiah 29:11 (NIrV)

What an amazing verse for us to remember when we feel like we have questions!

Thank God that when we have questions we can know that He has a plan for our lives!

**I Have A Question!**

Have you ever been in school and there’s something you don’t understand? What do you have to do? You have to ask questions to help you understand. There are people in our lives that we can trust to ask hard questions. We’re not ever going to know everything but when we ask questions it’s like giving us a piece to a puzzle. Take a minute and think about the people in your life that you can trust to ask hard questions about life and faith. Flip over this sheet and see if you can cut out all the puzzle pieces and put them back together!

Know that we can keep going even when we have questions!
KEEP GOING even when you have questions.