

Gratitude means letting others know you see how they've helped you.

WEEK
1
K-1ST



Read: 1 Thessalonians 5:18

DAY

1

I'm Grateful

Color in the letters on the back of this page. As you are coloring, think of things you are grateful for that start with each letter. For example, "G" could be grandparents. Write or draw these words and share it with someone.

Know that we have so much to be grateful for.

DAY

2

What Can You Find?

It's time to go on a scavenger hunt! Take a few minutes to look around your house and find five things that you are most grateful for. Ask a parent if you can bring these items to dinner tonight and share why you are grateful for them.

Look around you to see all that you have to be grateful for.

DAY

3

No Matter What

Do you have a hard time being grateful when you don't get what you want? Ask an adult to help you look up 1 Thessalonians 5:18 in the Bible and highlight it. God wants us to be thankful no matter what! Let's pray and ask God to help us to be grateful no matter what!

Dear God,

I have so much to be grateful for. I am grateful for _____ . Help me to remember to be thankful in the good times and bad times. I want to have a thankful heart, no matter what!

In Jesus' name, amen.

DAY

4

My Grateful Tree

Ask an adult to go outside to help you find four small sticks and one larger stick to make your very own grateful tree. Once you have collected the sticks, find a piece of paper and glue them on the paper into the shape of a tree using the larger stick as the trunk and the four small sticks as branches. Above each branch, use a marker and write something that you are grateful for and put it somewhere you'll see it daily.

Ask God to help you to always be grateful.

You always have something to be grateful for.

PARENT CUE

G _____
R _____
A _____
T _____
E _____
F _____
U _____
L _____



Name

Parent Signature