



SMALL GROUP DISCUSSION GUIDE

WHEN YOU ARE ...

WEEK 1 - "WHEN YOU ARE . . . CONFUSED"

MESSAGE BIG IDEA

When you are confused, move toward God and receive his wisdom.

SCRIPTURE

Psalms 19, David's Story: 1 Samuel 16-19, James 1:5

ICEBREAKER & OPENING THOUGHT

1. What is your favorite place you go to when you want to be alone?
2. We begin a new series today in the Psalms. The Psalms permit us to be honest with God. Eugene Peterson said this about the Psalms, "They represent the experience of men and women who have prayed in every conceivable circumstance across thirty centuries." What do you think or feel about communicating our raw emotion to God?

REFLECTIVE BIBLE READING & DISCUSSION

Let the rest of your discussion time flow from a slow, reflective reading of this Psalm of wisdom. No matter how we feel, we can come to these passages and be anchored in our relationship with God.

3. Life can be confusing. We can be confused about our purpose in life, our relationship with others, and our relationship with God. What is confusing in your life right now?
4. Read Psalm 19:1-6 twice. What does this passage say about God and the world? What wisdom can we take away from it?
5. Read Psalm 19:7-11 slowly. What simple truths can we take from this passage? How might a few words give us clarity or strength amid confusion?
6. Read Psalm 19:12-14 twice. How do these verses challenge you?
7. In what ways would you like your words and thoughts to be pleasing to God this week? What can you take from this passage or the group discussion to help you stay focused on God this week?