

MESSAGE BIG IDEA

When you are confused, move toward God and receive his wisdom.

SCRIPTURE

Psalm 19, David's Story: 1 Samuel 16-19, James 1:5

POINTS TO KEEP IN MIND

1. In the coming weeks, this series will explore the raw emotions and themes in the book of Psalms. These show us that a life lived for God is not always happy without problems. The Psalms permit us to be our real selves laying out our real problems to God and others. Sometimes we have the idea that since we have victory in Jesus, we can't be honest about our struggles. Nothing is further from the truth. If it's necessary, reiterate to the group that it's OK not to be OK.
2. The reflective method of Bible reading presented in this discussion guide will model how to go to God with negative thoughts. We can also share our negative thoughts and feelings with others. The more we are honest about what is happening in our lives, the more we will take the appropriate action to find help and healing.
3. Guide the group through the reading exercise and ask for God's wisdom. We may not get clarity about the confusion we are experiencing, but we can come away from this exercise knowing that God is with us, even if we don't feel like God is near. Many people have felt like that through the years. The important thing is that we keep trusting God and keep coming to God. God is with us; God is good; God can be trusted.
4. If time permits, you may spend some time looking through 1 Samuel 16-19. The story of David may be helpful to have in mind while reading this Psalm.

ADDITIONAL SCRIPTURES, QUOTATIONS, AND QUESTIONS

1. Where do you see God at work in your life right now?
2. What next steps do you feel called to take in your faith journey?
3. Have you considered getting baptized? Visit communitychristian.org/baptism for more info.
4. Who have you been able to B.L.E.S.S.?
B - Begin with Prayer
L - Listen
E - Eat
S - Serve
S - Story