

Starting Over | Week 1 - Loving Your Regrets

Points to Keep In Mind

1. Welcome the group members and keep the icebreaker question light-hearted and fun.
2. The topic of regret is very personal, and each person is probably carrying a variety of regrets, some more deeply felt than others. Don't press in too much with these opening questions. You want people to think analytically about regret before they begin to reflect on specific regrets of their own.
3. The Bible discussion questions are designed to help people see that one of the greatest leaders in the church messed up badly and had deep regret because of his denial. However, Jesus offered him a chance to start over, just like he offers to each of us.
4. Your group may be reluctant to share much of their story this first evening. On the other hand, there may be some that get emotional when thinking about regrets. Go slow; be ready for tears or bitterness. It may be that the group is only ready to talk about some easier, surface regrets. No matter what kind of regrets are shared, encourage the group to see the potential our regrets have to give us feedback as we start over with God's help. If you have a larger group, it may be helpful to break into two or more smaller groups, so people feel more comfortable sharing.

Next Steps

1. Where do you see God at work in your life right now?
2. What next steps do you feel called to take in your faith journey?
3. Have you considered getting baptized? communitychristian.org/baptism
4. Have you read the Community Daily recently? How is it encouraging you and challenging you?
communitychristian.org/daily
5. If anyone in your small group is seeking professional counseling, you can always refer them to our resource page: communitychristian.org/mentalhealth