



First, watch this week's video at KC website: www.communitychristian.org/kids

Courage: Being brave enough to do what you should do, even when you're afraid

Memory Verse

"Be strong and brave.
Do not be afraid.
Do not lose hope.
I am the LORD your
God. I will be with you
everywhere
you go."
Joshua 1:9b, NIV

Bible Story

Esther
Book of Esther

Key Question

When have you done something you were afraid to do?

Use this guide to help your family learn how God can give us courage.

Activity

Face It

What You Need:

three sheets of aluminum foil—the size of your child's face

What You Do:

Invite your child to play "Face It" with you. Place the aluminum foil sheets in front of you. Before you get started, say, "What are a few examples of situations where you might be afraid or worried?" Discuss some personal examples from your own life too.

Then, pick up the first sheet of aluminum foil. For each piece of foil, ask your child to make the following faces. While your child is making each expression, gently press the aluminum foil against their face, creating something similar to a mold.

Expressions to "mold":

- surprised
- scared
- brave

When you're finished making the molds, say, "Which one of these faces do you think is the most accurate?" (*Allow response.*) "In our story today, I bet Esther felt all three of those emotions."

Talk About the Bible Story

How did Esther demonstrate courage? (*She approached her husband, the king, even though the king hadn't summoned her. She did this in order to save her people.*)

Esther had courage to believe that God could do the impossible and save her people. Do you think it's possible to have that same kind of courage today? Why or why not? What might it look like if we did?

What is something you can do to have courage when you don't know what will happen?

When have you done something you were afraid to do? Did you feel God's presence with you?

Parent: Share about a time you took a risk and were brave to do what you knew God wanted you to do. Discuss whether it did or didn't work out, but either way, how your courage paid off.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we've learned about so many amazing and courageous heroes this month. Thank You for the examples of Esther, Daniel, David, and Joshua and Caleb. Even though they lived thousands of years ago and faced many situations we will never face, we know that the same courage You gave them is something we can have too. Please help us to do what we should even when we don't know what will happen. In Jesus' name, amen."