“Come, follow me,” Jesus said “And I will send you out to fish for people.”
Matthew 4:19 NIrV

Jesus wants us to follow him. He wants us to learn about him and how much he loves us. Remember this: You can know God and you can trust Him and you can trust God to love you as He made you.

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DAY 1

READ: LET’S LEARN ABOUT GOD
Let’s do some research - a great place to learn more about God is in the Bible. The Bible is a collection of stories about real people that lived a long time ago. When you search the Bible for characteristics of God, you will find what many people said about Him. Here are just a few of the verses that you might find interesting.

• “Oh, taste and see that the Lord is good! Oh the joys of those who take refuge in Him!”
  - Psalm 34:8 NIrV

• “The Lord is compassionate and merciful, slow to get angry and filled with unfailing love.”
  - Psalm 103:8 NIrV

• “Have you never heard? Have you never understood? The Lord is the everlasting God, the creator of all the earth. He never grows weak or weary. No one can measure the depths of his understanding.” – Isaiah 40:28 NIrV

• “Oh, how great are God’s riches and wisdom and knowledge! How impossible it is for us to understand his decisions and his ways!” – Romans 11:33 NLT

• “Anyone who does not love does not know God, because God is love.” – 1 John 4:8 NIrV

• “This is the message we have heard from Jesus and now declare to you: God is light, and there is no darkness in him at all.” – 1 John 1:5 NIrV

• “Jesus Christ is the same yesterday and today and forever.” – Hebrews 13:8 NIrV

• “How kind is the Lord because he hears my voice and my prayer for mercy. Every word of God proves true; he is a shield to those who take refuge in him.” – Proverbs 30:5 NIrV

• “Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory!” – Isaiah 6:3 NIrV
DO: WORD BANK ACTIVITY
Read the verses listed above carefully. Circle the words that describe God and underline the verbs that describe his actions.

Write down all the words/phrases that you found that describe God.
(ex. Good)

Write down all the words that you found that are action words (verbs) referring to God.
(ex. slow to get angry)

YOUNGER OPTION
What is your favorite thing about God? Draw a picture of what this looks like to you.

PRAY: PRAYER DOODLING
• In the center of a blank piece of paper or in your journal, write a name for God, the name of someone for whom you’re praying, or a scripture verse.
• Draw a shape around the words to start the doodle. This is your prayer space. Start to doodle around it, releasing your words to God in prayer. Doodle in silence or talk to God if you feel led.
• Add other people, other names for God, or other parts of the scripture verse to your paper. Draw a shape around each set of new words to create a separate prayer space. Doodle around these and pray.
• Pause and say “amen” between each prayer space you add.
READ
God has a lot to say about you. He made you just as he intended to make you and you are perfect. He has plans for you and has made you promises and because we KNOW him a little better now, we know he will keep his promises! You can do more research in the Bible to learn what God thinks about you. Here are a few good passages from the Bible to start with.

• “For I know the plans I have for you says the Lord. They are plans for good and not for disaster, to give you a future and a hope.” Jeremiah 29:11 NIrV

• “You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. How precious are your thoughts about me O God. They cannot be numbered!” Psalm 139:16-17 NIrV

• “For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.” Ephesians 2:10 NIrV

• “I can do all things through Christ who strengthens me.” Philippians 4:13 NIrV

• “And the very hairs of your head are numbered. So don’t be afraid; you are more valuable than a whole flock of sparrows.” Luke 12:7 NIrV

• “The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.” Zephaniah 3:17 NIrV

• “I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.” Psalm 139:14 NIrV

• “You are the light of the world. A city set on a hill cannot be hidden.” Matthew 5:14 NIrV

• “For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.” Romans 8:38-39 NIrV

• “Now you are the body of Christ and individually members of it.” 1 Corinthians 12:27 NIrV

• “Therefore, we are ambassadors for Christ, God making his appeal through us. We implore you on behalf of Christ, be reconciled to God” 2 Corinthians 5:20 NIrV
DO: WORD BANK ACTIVITY
Circle all the words that describe you. Underline all the promises that God has made for you.

Write down all the word/phrases that you have found about you.
(ex. God has plans for me)

Write down all the words/phrases that describe God’s promises for you. (ex. God has plans for me and they will give me a hope and a future)

YOUNGER OPTION
Draw a picture of you and just how God made you. What things do you like about yourself the most?

PRAY
Thank God for the special way he made you or for one of his promises.
YOU CAN TALK TO GOD, YOU CAN LISTEN TO GOD
Some people call talking to God praying. There are many ways to pray to God. Prayer is a two-way street - just like a friendship. You have to spend time together to get to know each other, you have to listen to each other and you both should get a chance to talk.

When you learn about God in the Bible, this is one way that you can listen to God. You can hear what he has to say by what he and his followers said many years ago.

DO: ANSWER THE QUESTIONS BELOW
What are some questions that you have about God?

Who can you talk to about your questions about God?

PRAY: COLORING FOR GOD
• Find a place where you can talk and listen to God.
• Go online and print a scripture coloring sheet.
• Color and think about what this means to you and what God might think about it.
• This is a good time to stay focused on only this project and not think about other things like your friends, what is for dinner or if you can get your parents to let you stay up late! Leave space for God to bring you new thoughts and ideas. This is how you can hear from him.
• You might feel like you want to ask God something, or tell him your feelings. This is a great time to do that!

PARENT RESOURCES
Visit kidscity.org or scan the QR code for additional resources.