“In everything, do to others what you would want them to do to you. This is what is written in the Law and in the Prophets.”
Matthew 7:12 NIrV

DAY 1

HOW CAN WE CONNECT TO THE WORLD AROUND US?
We are challenged to make a difference in the world around us. Jesus talks about helping others in the Bible and the stories that are recorded about his life and his teachings.

Remember this: I can treat others the way I want to be treated and that will help others around me.

DO
Use the 30 Days of Kindness Calendar with your family (included with this handout) or create your own using the template provided.

PRAY
Take some time to pray and ask God to help you try and make the world a better place, then write down how you will try and make the world a better place below.
30 DAYS OF KINDNESS CALENDAR

- Help someone carry their groceries.
- Share toys with your siblings or friends.
- Write a letter to a family member.
- Say hello to a stranger.
- Pick flowers and give to someone anonymously.
- Give back to God at church from your allowance.
- Open the door for someone and smile!
- Send a thank you note to someone for a kindness.
- Bring treats to your local firemen.
- Play with someone new at recess.
- Say “sorry” first when you disagree with your sibling.
- Send a care package to a service member.
- Donate a toy to kids in need or to Giftmart.
- Leave a fun surprise on a neighbor’s porch.
- Offer to help someone with their school work.
- Tell an adult you know that you love them.
- Leave change in a vending machine with a kind note.
- Give a hug.
- Give a compliments to someone who looks sad.
- Pick up trash around your school.
- Do the dishes without being asked.
- Help clean up a mess.
- Say hello to someone new at school.
- Play with someone new at recess.
- Encourage someone that is sad.
- Help clean your room.
- Smile at someone who looks sad.
- Make a get well card for someone who is sick.
- Bake cookies for someone.
- Paint rocks with kind messages & leave them in the park.
- Do your sibling’s chores.
- Do your chores.
- Tell an adult when you disagree with your sibling.
- Say “sorry”.
- Give someone a compliment.
- Leave a note.
- Offer to help someone with their chores.
- Open the door for someone.
- Give a friend a hug.
## 30 Days of Kindness Calendar

Create your own!
READ
What does God and the people in the Bible have to say about helping others in our world? Let’s do some research.

• “Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.” Hebrews 13:16 NIrV

• “Share with the Lord’s people who are in need. Practice hospitality.” Romans 12:13 NIrV

• “Let each of you look not only to his own interests, but also to the interests of others.” Philippians 2:4 NIrV

• “Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.” Ephesians 4:29 NIrV

• “But if anyone has the world’s goods and sees his brother in need, yet closes his heart against him, how does God’s love abide in him?” 1 John 3:17 NIrV

• “For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me. Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you as a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?’” Matthew 25:35-39 NIrV

• “Then Jesus said to his host, ‘When you give a luncheon or dinner, do not invite your friends, your brothers or sisters, your relatives, or your rich neighbors; if you do, they may invite you back and so you will be repaid. But when you give a banquet, invite the poor, the crippled, the lame, the blind, and you will be blessed. Although they cannot repay you, you will be repaid at the resurrection of the righteous.’” Luke 14:12-14 NIrV

• “Give to the one who begs from you, and do not refuse the one who would borrow from you.” Matthew 5:42 NIrV

• “The generous will themselves be blessed, for they share their food with the poor.” Proverbs 22:9NIrV

• “In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.” Matthew 5:16 NIrV
• “For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.” Ephesians 2:10 NIrV

• “Do not withhold good from those to whom it is due, when it is in your power to do it.” Proverbs 3:27 NIrV

• “…You shall open wide your hand to your brother, to the needy and to the poor, in your land.” Deuteronomy 15:11 NIrV

• “Bear one another’s burdens, and so fulfill the law of Christ.” Galatians 6:2 NIrV

**DO**
Choose a Bible verse from the ‘Read’ section above. Rewrite in the space provided below:

Who is speaking in this passage? (This can be tricky to find. You may need to read more of the Bible text before or after the specific verse to find out who is talking. You also may need to do a search on the history of this book of the Bible to learn who the writer was)

What are you being asked to do?

Why should you do what is being asked of you?

Will you do what is being asked of you? Why or why not?

**PRAY**
Ask God to help you follow through with what is being asked of you.

**PARENT RESOURCES**
Visit kidscity.org or scan the QR code for additional resources.