



Use this guide to help your family learn how God can give us confidence.

First, watch this week's video at:

[Kidscity.org](https://www.kids-city.org)

**Confidence:**  
Living like you believe God is with you

### Memory Verse

"So we say with confidence, 'The Lord is my helper; I will not be afraid.'"  
Hebrews 13:6a, NIV

### Bible Story

The Holy Spirit Comes at Pentecost  
Acts 2:1-41

### Bottom Line

God sent the Holy Spirit to help you.

## Activity

### Soak it Up

#### What You Need:

Sponge; bowl; water

#### What You Do:

Guide your child to fill the bowl with a little water (enough to place the sponge in). Then, have them place the sponge halfway in the water.

Ask, "What is happening to the sponge? What is happening to the water?"

Then, have them place the sponge fully in the water. Ask again, "What is happening to the sponge? What is happening to the water?"

Allow your kid to squeeze the water back into the bowl. Repeat as time and interest allows. When you are finished say, "Did you see what happened? The sponges soaked up the water! The sponge is like each of us and the water is like the Holy Spirit. When we choose to follow Jesus, it's like we soak up the Holy Spirit and it helps us have confidence!"

## Talk About the Bible Story

When have you needed help?

When you need help, who do you usually ask to help you?

How does it help your confidence to know that God gave the Holy Spirit to help you?

*Parent: Share about a time in your life when you knew the Holy Spirit was there to help you. This can be difficult to put into words but kids love to hear stories of how God has worked in your life. Think of times when the Holy Spirit prompted you to do something, say something, or share something.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Thank You, Lord, for sending the Holy Spirit to be with each of us. Please help us all be confident, even when we're afraid, frightened, or just nervous. Through Your Spirit, we know that You are with us and You will help us confidently face whatever challenge is ahead of us. In Jesus' name we pray, amen!"