

**YOU+ Parenting | Wk 3 - Mental Health and Your Kids Part 2: Despair and Suicide****Message Big Idea**

Jesus came to bring a YOU+ life that offers hope to your children.

**Scripture**

John 11:17-44, John 16:33b

**Opening Questions**

1. How have you been able to B.L.E.S.S. the children or students you care about?
2. What was your favorite bedtime story when you were a child?

**Bible Discussion**

3. Read John 11:17-32. What is the significance of the fact that Lazarus had been dead for four days before Jesus arrived?
4. Martha and Mary reacted differently to Jesus' arrival. Describe their differences and recall any other places in scripture where this occurred.
5. Read John 11:33-37. Why did Jesus weep? How does this demonstrate Jesus' humanity and his divinity?
6. Read John 11:38-44. How did Martha's words at the tomb contradict what she had stated to Jesus about his power to change Lazarus' death in verses 21 and 22? Can you think of ways your words or actions contradict what you say you believe?
7. What does the raising of Lazarus reveal about the power of Jesus?

**Life Application**

8. In comparing the differences between Martha and Mary, who do you relate the most to and why?
9. Just as Jesus validates and empathizes with Mary's sadness and despair, how can we do the same for the children and students we care about?
10. Jesus longs to resurrect a new life in us all. Have you experienced this new life in Jesus? How can you share this new life with the children and students you care about?
11. Read John 16:33b. How does this truth give you hope?
12. Share a story of hope as an encouragement to your group today.