



Thank you for taking the time to have a YOU+ conversation with your student. This is something that can help you and your child pursue a YOU+ life. We look at the YOU+ life having three specific connections:

### **YOU+ GOD**

The You+ God connection involves our commitment to Jesus. It is about you developing a relationship with God and growing in spiritual disciplines. As we grow in this connection, we will see ourselves becoming more and more like Jesus.

### **YOU+ THE CHURCH**

The You+ Church connection reminds us of the importance of our relationship with other believers. We do this when we connect in a small group or serve others on a team. As we grow in this connection, we develop community with others and the skills to help even more people find their way back to God.

### **YOU+ THE WORLD**

The You+ World connection of Community is about seeing God's calling to use us to transform our communities, both locally and globally. As we grow in this connection, we hope to meet immediate needs, develop relationships with those who are different than us, and work toward our communities becoming places of peace, justice, and compassion.

At the end of this conversation, you and your student should develop 2-3 goals. These goals can be for each of the connections, or more heavily weighted on a specific connection that your student wants to explore more about. They are meant to be doable goals that will set your student up to accomplish them as they pursue a You+ life.

## **RESOURCES - DOWNLOAD AT [COMMUNITYCHRISTIAN.ORG/STUCOYOUPLUS](http://COMMUNITYCHRISTIAN.ORG/STUCOYOUPLUS)**

**The Pre-work Guides** for each of the connections will walk students discover where they are at and where they need to grow in each area.

**The Conversation Guide** will walk you through a conversation about the three connections. This is a time for you and your student to get on this journey together. Feel free to customize this to fit the needs of your student with where they are at right now.

If you have any questions, reach out to your location's StuCo Director. They would love to help you in this process to make it a positive experience for both you and your student!