SESSION 1 GUIDE



BOTTOM LINE

Jesus is inviting us to a life of following Him.

SCRIPTURE

Mark 1:16-18 ESV, Psalms 139:13 ESV

GOAL OF SMALL GROUP

To show students what it means to live the full life Jesus is inviting us to and to encourage them to see that they can start living the YOU+ life right now.

Create meaningful conversations. Adjust the questions as needed, and don't feel like you need to answer all of the questions.

ICEBREAKER

What is the most creative prom proposal or pick-up line you have ever heard?

DISCUSSION QUESTIONS

- 1. What does it mean to live life just for YOU? Do you ever find yourself living the YOU life?
- 2. Why does living the life for YOU, leave us feeling unsatisfied?
- 3. Read Psalms 139:13 together How does it feel to know that God created every person's 'inmost being'?
- 4. Jesus invites us to help people find their way back to God, what does it look like to help others find their way back to God? Have you ever helped others grow in their faith?
- 5. Read Mark 1:16-17 What does Jesus mean when He says He will make us to be 'fishers of men'? Why did Jesus want them to be 'fishers of men'?
- 6. We believe Jesus is the son of God, He invites us to follow Him, would you be open to accepting that invitation? Have you ever felt Jesus call you to follow Him before?
- 7. If you were starting a church today, who would be the people you would ask to join your team?
- 8. Read Mark 1:18 What is stopping you from saying yes to Jesus' invitation and following Him?



