

## **I AM | Week 1 - I AM the bread of Life**

### **Message Big Idea**

Jesus is the answer to our deepest hunger. He is the bread of life.

### **Scripture**

Exodus 3:13-15, John 6:1-15, John 6:25-40, John 17:3

### **Opening Question**

1. What was your favorite board game when you were a kid?

This week begins a new series looking at the “I AM” statements in the Gospel of John, the fourth book in the New Testament written by one of Jesus’ closest friends and followers. These statements are important because they are the recorded words of Jesus himself telling us something about his identity.

### **Bible Discussion**

2. Read Exodus 3:13-15. What does this passage and the usage of “I AM” tell us about the identity of Jesus?
3. Let’s consider the context leading up to this week’s “I AM” statement, “I AM the bread of life.” Read John 6:1-15. What stands out most to you in this miraculous account?
4. Read John 6:25-40. Jesus refers to Himself as “the bread of life” in verse 35. What do you think this metaphor signifies, and how does it relate to the miracle Jesus just performed? Discuss any other interesting elements in this powerful passage.
5. Read John 17:3. How would you define “eternal life?”

### **Life Application**

6. Which person(s) mentioned in the miracle of John 6:1-15 do you relate the most to and why? How does this miracle challenge you to trust in God’s power and ability to meet your needs, even when you face overwhelming circumstances?
7. Reflecting on John 6:25-40, how does this passage inspire you to seek a deeper understanding of Jesus as the bread of life? What steps can you take to cultivate a closer relationship with Him in your You+ life?
8. We all feel a hunger inside us that longs to be satisfied; that is part of what makes us human. What are you pursuing to fill that hunger? Does it satisfy you? According to John 6:32-35, who is the one and only person who can give us true satisfaction?
9. What helps you feel the most connected to Jesus? How can you make time this week to do this? Let’s pray together for God and His Holy Spirit to help us make our relationship with Him a priority this week and every week going forward.