

**I AM | Week 1 - I AM the bread of Life****Message Big Idea**

Jesus is the answer to our deepest hunger. He is the bread of life.

**Scripture**

Exodus 3:13-15, John 6:1-15, John 6:25-40, John 17:32

**Points to Keep In Mind**

1. If you and your group haven't already, this week would be the ideal time to sign up for the Community Daily as we will read through the entire book of John together during the *I AM* series. It's a great way to start your day! Visit [communitychristian.org/daily](http://communitychristian.org/daily) to sign up.
2. In the Exodus passage, God gives Himself the name "I AM." When Jesus makes His "I AM" statements in the Gospel of John, He is making a fundamental claim about His identity, that He is God.
3. Eternal life is often thought of as going to heaven when you die. We tend to think that eternal life refers to something we will only experience after death, but it is even more than that. Jesus wants us to experience eternal life NOW and forever! As we've been talking about it here at COMMUNITY, we might say eternal life can be found in the YOU+ life, not just in the ordinary "You" life. The "You" life is a life lived centered on you. The YOU+ life is a much richer life lived out through meaningful connection with Jesus in our daily lives. Please encourage your group members to have their YOU+ conversation. It's simple and may be one of the most impactful conversations they will ever have! To start, visit [youplus.info](http://youplus.info).

**Additional Questions and Resources**

1. Where do you see God at work in your life right now?
2. What next steps do you feel called to take in your faith journey?
3. Have you considered getting baptized? [communitychristian.org/baptism](http://communitychristian.org/baptism)
4. What have you been learning from the Community Daily? [communitychristian.org/daily](http://communitychristian.org/daily)
5. If someone is seeking professional counseling, you can always refer them to our resource page: [communitychristian.org/mentalhealth/](http://communitychristian.org/mentalhealth/)
6. Find out more about having a YOU+ conversation by visiting: [youplus.info](http://youplus.info)
7. How have you been able to BLESS others recently? (B-begin with prayer, L-listen, E-eat, S-serve and S-share your story)