

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line.

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Day 1

After watching, write one thing that:

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:



## Day 2

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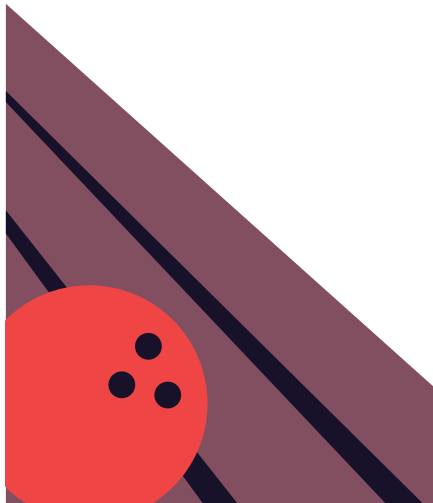
### Read Psalm 119:105

Read Psalm 119:105, then connect the dots below then put the verse in order. When you have done that, color inside the lines you made. What does it look like to you? Perhaps a pathway?

- me the way. •
- lamp that shows •
- Your word is like a •
- Psalm 119:105 •
- that guides me. •
- It is like a light •

~~~~~

Just as light pours out into the darkness, spreading out to light the way, God's Word can guide our path, showing us which way to go. It lights the way in front of us, showing us the way to go. Simply reading God's Word—the Bible—and being open to what God wants to teach us through it, is a great way to hear from God!



## Day 3

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### Have you ever read something in the Bible that you didn't understand?

That's totally normal! We're talking about the God who made the universe—who made YOU. It makes sense that God's Word would be challenging to understand at times. But God wants you to understand, so all you have to do is pray and ask for help and God will help you understand.

Think about something that you've always struggled to understand in God's Word. It may be an event that happened—like creation, or Jesus raising from the dead—or it may be a specific verse, or it might be what seems like an unanswered prayer. Fill in the prayer below with that question and ask for help hearing from God.

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**Dear God,** I thank You for giving us Your Word to light our paths and help us know what to do. But even still, I sometimes struggle to really hear You and understand what You are doing in my life and in the world. I especially need help hearing from You when it comes to \_\_\_\_\_. Please give me the wisdom to hear from You and to allow Your Word to light my way. In Jesus' Name, I pray. **Amen.**

## Day 4

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### When something changes your life, do you usually keep it to yourself?

No! You tell your family about it, or you share the news with your friends, right?

If you've found a verse or a story in God's Word that has been helpful to you, why wouldn't you want to share it with others so it can do the same for them!

Write down your favorite Bible story or verse, and then explain how it has made a difference in your life or has helped you think or act differently.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

~~~~~

Guess what you just did? You **practiced hearing from God!** Now, go and share that with someone else. Ask them if they've heard the story or the verse, and then tell them what it means in your life.

But don't leave it there—ask them what their favorite Bible story or verse is too! You might learn something new about God's Word that will encourage you in your own faith!



## Day 5

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### How can you hear from God?

Tonight, after dark, get a grownup and grab a flashlight. Walk outside and shine the flashlight on the ground to see where you are going. Notice how if you look too far away from the light, you can't see a thing. But if you follow the light, you know what to do and where to step—or not step.

As you head back inside, talk with your adult about **how you can hear from God.** Share with each other how God's Word has been a light in your life. Then ask them to hold you accountable to **practice hearing from God.** This might look like checking in once a week to ask what you've been hearing from God, or maybe adding "read your Bible" to your daily to-do list. Just remember, hearing from God isn't something we just HAVE to do; it's something we GET to do. And when we do, we will be able to see the way God wants us to go.

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Handwriting practice lines for journaling, consisting of multiple sets of horizontal dotted lines.



Day 1

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## Day 2

### Read Matthew 6:9-13

Read Look for the words of Matthew 6:9-13 in the puzzle below. If you need a word bank to help, you can use the upside-down key below, but try to find all 14 words without it first!

O N A M E E A R T H  
 E J G N I N N I S Y  
 V K J J P R A Y D L  
 I K X F A T H E R I  
 G I S I N S H B J A  
 R N Q D A E R B N D  
 O G V H O N O R E D  
 F D E T P M E T K K  
 B O K O N E V A E H  
 W M L I V E Q Z F P

The words you found in the puzzle above make up the Lord's Prayer, the prayer that Jesus taught His disciples. While Jesus likely didn't mean for His followers to pray these exact words every time they talked to God, the general idea of His prayer can guide us as we practice praying to God.



Word Bank: Pray, sinning, name, bread, heaven, evil, father, sins, honored, tempted, daily, kingdom, forgive, earth

## Day 3

### Did you know that you can pray and ask God for help to pray?

Did your brain just explode? It's true though; it takes practice to make prayer a part of your day, and God wants to help you as you practice. Read the prayer below that uses 1 Timothy 4:8 as the foundation.

~~~~~  
**Dear God,** I know that what Timothy wrote is true: 'Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.' I want to be like You, and I know a big part of that is talking to You. Please help me practice talking to You. Remind me who You are throughout the day and help me see the things You are doing in my life and in the world. Help me turn to You when I'm having a great day and when things are hard. I want to practice talking to You so that prayer becomes a regular part of my life. I love You. In Jesus' Name, I pray. **Amen.**

## Day 4

### Find a friend or adult who will do some kind of exercise with you.

Together, choose an activity you can both do, such as:

- Go for a walk or jog
- Do circuit training (e.g., 10 sit-ups, 10 push-ups, 10 planks)
- Go roller skating/blading
- Have a long stretch session
- Go for a bike ride
- Anything else?

Before you begin your workout, read 1 Timothy 4:8 together. Then while you're exercising, talk about why it's important to train both your body and your spirit. Share with each other the activities you have found most helpful in growing your faith and strengthening your relationship with God, and how you've made it a habit to **practice praying to God.**

## Day 5



### How do you pray to God?

Have you felt intimidated by the idea of praying? It's understandable, especially if you're being asked to pray in front of others. But the truth is, prayer isn't something we master or perfect, it's truly a practice. The more we talk to God, the easier and more natural it will become.

Today, instead of praying one long prayer, practice sentence prayers throughout the day. This will keep your mind focused on God, and it will also take the pressure off of praying a "perfect prayer."

Make a plan for when you will pause and talk to God today. Circle the ideas below that seem like they would fit well into your day and write any new ones you can think of in the blanks. Remember that prayer is more than just asking for things. You can thank God, worship God, or even simply say, "Hey, I'm thinking about You."

- While you sit on the bus or ride in the car to school (hint: look around at God's creation)
- Before lunch
- While you're working on your homework
- Before dinner as a family
- While you're brushing your teeth
- At bedtime
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Now that you've made your plan, it's time to show some commitment and put it into practice!

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



A series of horizontal dotted lines for journaling.



Day 1

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## Day 2

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### Read Matthew 16:13–16

As you read Matthew 16:13–16, what verb do you see used the most?

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What do you think using that verb so much in this passage means for followers of Jesus?

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That last question may have been tricky, but it comes down to this. We should **practice talking about God**. When Jesus lived on the earth, people often talked about who He was. But that didn't stop when Jesus went back to heaven to be with God. Even today, we should talk to others about God.



Answers: say, we should talk about God

## Day 3

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Depending on how much practice you already have when it comes to talking about God—and who you're talking to—it can take a lot of courage talking to others about God.

Whether you're afraid of what they will think, or you feel like you don't know enough about God to talk to others, you can go to God and ask for help.

Fill in this prayer with how you feel about talking about God, then pray it out loud and ask God for help.

---

**Dear God**, thank You for all the wonderful things You have done in my life and in the world around me. I want to talk to others about You but sometimes it's hard because

\_\_\_\_\_

\_\_\_\_\_

or because \_\_\_\_\_

\_\_\_\_\_. Please help me to \_\_\_\_\_

\_\_\_\_\_ so I can practice talking about You. In Jesus'

Name, I pray. **Amen.**

## Day 4

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### Practice talking about God.

Like most things in life, the more you **practice talking about God**, the easier it will get. So how do you practice? Start by talking with someone who you know has put their trust in Jesus and who you feel comfortable talking to. Ideally, it will be someone that you can practice with in the future too.

If possible, get a treat for you to enjoy and pick a comfy spot. As you enjoy your treat, share what you've been learning about commitment with them and ask how they have developed their relationship with God. You can also share prayer requests with each other and even pray together. If this is your first time talking about God with someone, you may be nervous, but keep practicing!



## Day 5

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### Who do you talk to about God?

How did it go talking about God with your friend or family member yesterday? Do you think that's a person you could practice talking about God with on a regular basis? If not, who else might you be able to talk to about God? Make a plan by filling in the blanks below.

Who I'll talk with:

---

When we'll talk:

---

Where we'll talk:

---

What we'll talk about: (get specific)

---

If that last one is tricky, here are some ideas:

- Something you're thankful for
- What God has been teaching you
- A situation you need God to help you with
- A question you have for God
- Once you've got your plan, put it into action. Remember that commitment isn't just about making a plan, but also seeing it through!

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



A series of horizontal dotted lines for journaling, starting from the top of the graphic and extending down the page.



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1. You liked:

2. You learned:

3. You'd like to know:



## Day 2

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### Read Mark 12:41–44

Get a sheet of paper and a writing utensil. Fold your paper in half twice. Unfold the paper, then trace over the fold lines so you've created four boxes. Inside each box, illustrate the story you read in Mark 12:

**Box 1:** Jesus sitting down watching people drop in their offerings

**Box 2:** Rich people putting in large amounts of money

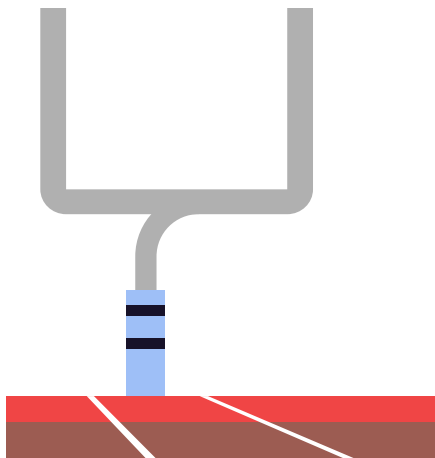
**Box 3:** The poor woman putting in a little bit of money

**Box 4:** Jesus calling the disciples over

Which box do you think most people would say represents the most sacrifice? \_\_\_\_\_

Read verse 43–44 and then circle the box that represents who Jesus says made the greatest sacrifice.

If you circled the picture of the poor woman donating her two coins, you're right. The woman who gave all she had shows us what it looks like to live for God.



## Day 3

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### There are so many ways to practice living for God.

It might mean giving money or things sacrificially, just like the widow did in our story this week. But it also might mean giving up your time to help someone, being kind when you're tired and frustrated, refusing to gossip when everyone else in your friend group is doing it, or a million other ways that you choose to live for God instead of yourself.

Fill in the blanks in the prayer below, remembering back to all the ways you learned this month that you can live out commitment.



**Dear God,** thank You for sending

Jesus to be my Savior and to show me

what it looks like to live for You. I really

want to live for You, so please help me

to practice by \_\_\_\_\_

\_\_\_\_\_ from You, \_\_\_\_\_

\_\_\_\_\_ to You, talking

\_\_\_\_\_ You,

and \_\_\_\_\_

my \_\_\_\_\_

for You. In Jesus' Name, we pray. **Amen.**

Next, pray the prayer out loud; then, hang this paper somewhere you will see it this week to continue praying to ask God for help as you **practice living for God.**

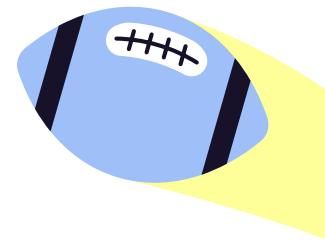
Answers: Hearing, praying, about, living, life

## Day 4

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### Practice living for God.

It's not too challenging to **practice living for God** for a day or two, but sometimes we slip back into old habits—or forget to practice the new ones! One thing that can help as you **practice living for God** is having an accountability partner—someone who will check in with you from time to time to see how things are going. It can work really well if that person is also practicing living for God. Who is someone you can ask to help hold you accountable? Go to them, or call or text them, today and explain a bit about what you're looking for. If they are up for the task, let them know you'll be in touch soon with more details!



## Day 5

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**You know you want to live for God, and you've got an accountability partner now, so what's next?**

### How can you live for God?

Thankfully, Jesus showed us how to do that when He was living on the earth. And He summed it up like this: Love God. Love others.

Grab a sheet of paper and draw a line down the middle. At the top left, write the words "Love God." Then on the top right, write "Love others." Then write 3-4 ways in each column that you can live for God by loving God and others.

Share your paper with the person who agreed to be your accountability partner. Talk through the ideas you've come up with and see if they have any more ideas. Then circle one from each side of the paper that you'd like to attempt first.

At the bottom of each column, write a simple plan for how you plan to live for God by loving God and loving others in those specific ways you circled. Make sure to include how your accountability partner will check in with you!