

Spiritual Warfare: Renewing Our Minds | Week 2 - Equipping Our Minds in The Battle

Big Idea

God equips us for the battle of our mind with defensive and offensive armor.

Scripture

Ephesians 6:10-13, Ephesians 6:14-17, Ephesians 6:18-20, and John 14:27

Overview

In our current series, we are delving deep into the heart of spiritual warfare to address a battlefield that often goes unnoticed: the battleground of our minds.

Opening Question

Have you ever fallen for a scam? If so, what did you learn from the experience, and how has it influenced your approach to similar situations in the future?

Bible Discussion

1. Read Ephesians 6:10-13. What stands out to you the most in this passage? Why is it important to recognize that our struggle is “not against flesh and blood” but against spiritual forces? How does this perspective change the way you view conflicts and challenges in your life?
2. Ephesians 6:14-17 lists both defensive and offensive pieces of armor. What are these pieces, and how can you effectively utilize each in your daily life?
3. Read Ephesians 6:18-20. What does “pray in the Spirit on all occasions” mean? How can we incorporate this kind of prayer into our daily lives?
4. John 14:27 highlights the importance of God’s peace in our lives. How does the peace of this world differ from the peace that God offers us? How does focusing on God’s peace help us in spiritual battles?

Life Application

5. How did your upbringing shape your perspective on spiritual warfare? Is spiritual warfare something you think about today? Why or why not?
6. Which pieces of spiritual armor are easiest for you to utilize? Which one is the most difficult? If you have successfully used one of these pieces of spiritual armor in your life, share your experience as an encouragement to your group.
7. How do you experience God’s peace? What practical steps can you take to cultivate and maintain this peace in your daily life?
8. Have you experienced praying in the Spirit as mentioned in Ephesians 6:18-20? If so, what was that like for you, and what was the outcome? If not, would you consider praying with your group by opening your prayer time with the invitation, “Come, Holy Spirit”?